



Cyclospor^{tif}  100k

September 17, 2011

Participant Guide

Version 1.0 9/4/11

SPARTA

CYCLING, INC.

Promoted by Sparta Cycling



Cyclosporitif 100k

September 17, 2011

Article 1. Organization

The *Unvest Grand Prix Cyclosporitif* is organized by *Sparta Cycling, P.O. Box 231193, New York, NY 10023* under the sanction of the International Cycling Union and USA Cycling. It is to be held on Saturday, *September 17, 2011*

Article 2. Type of event

The Unvest Grand Prix Cyclosporitif is open to recreational athletes. The event is not a race.

Article 3. Registration

Pre-Registration is available on-line via BikeReg.com. The Official URL is:

<http://www.bikereg.com/events/register.asp?eventid=8694>

Pre-Registration closes on September 14, 2011

Late Registration is available on Friday September 16, 2011 from 4:00 – 7:00 PM at:

Penn Foundation
Grundy Auditorium
807 Lawn Avenue
Sellersville, PA 18960
(215) 257-6551 x383

On-Site registration is available on Saturday, September 17th from 5:45 AM – 7:30 AM, in Souderton on Lumber Street just off Main Street, located near the Start/Finish Line

Non pre-registered riders will be able to register the day of the event and at participant check-in on Friday, September 16th (see Article 6 below for details). All non pre-registered riders will incur a \$10 late fee and are not guaranteed to receive an event t-shirt, timing or a post ride meal. The total field limit is 1500 participants; there is no guarantee that we will be able to accommodate everyone.

All entrants are required to sign a USA Cycling Liability Waiver and Release, as seen here:

http://www.usacycling.org/forms/waiver.php?url=rider_release.pdf

Pre-Registered riders will have the proper form pre-printed for them via our registration system. Late Registrants will need to fill one out themselves; blanks will be available at the registration site. It is important to fill these out legibly, so that we can perform data entry easily. Failure to fill out the form legibly will affect our ability to issue results & finish times.

Article 4. Categories

The Univest Cyclosporitif has 2 categories:

50k (ca 32miles)

100k (ca 66 miles)

Participants must declare which category they are entering at the time of entry.

Changes to category may take place at participant check-in, or by writing in advance (preferred)

Article 5. Entry Fees

Pre-Registration (entries made up to September 14, 2011 are:

Cyclosporitif 100k: \$65 (includes t-shirt, post ride meal, and timing)

Cyclosporitif 50k: \$45 (includes t-shirt, post ride meal; there is no timing of the 50k event).

Late-Registration (entries made after September 14, 2011) are:

Cyclosporitif 100k: \$75

Cyclosporitif 50k: \$55

Timing, t-shirt and post ride meals are not guaranteed for those who do not pre-register.

Article 6. Participant Check-In

All participants must check in prior to starting the Univest Grand Prix Cyclosporitif.

All participants must sign a USA Cycling Waiver & Release at participant check-in:

http://www.usacycling.org/forms/waiver.php?url=rider_release.pdf

Timing Chip distribution and validation takes additional time, therefore all participants are highly encouraged to avoid long lines on event day by taking advantage of pre-event check-in and number pick-up.

Check in is available:

Cyclosporitif Late Registration and Pre-Registered number pickup:

Will take place at

Penn Foundation
Grundy Auditorium
807 Lawn Avenue
Sellersville, PA 18960
(215) 257-6551 x383

On Friday, September 16th, from 4:00 PM – 7:00 PM

The Penn Foundation is directly across the street from Grand View Hospital. These times are tentative, and will be confirmed on the <http://www.spartacycling.com/rides/> web page.

Event Day (On-Site) Registration and Number Pickup:

On Saturday, September 17th from 5:45 AM – 7:30 AM

Will take place in Souderton on Lumber Street just off Main Street, located near the Start/Finish Line

Article 7. T-Shirt and Jersey Sales

Cycling Jerseys were not produced for the 2011 Univest Grand Prix Cyclosporitif; however we have a limited number of jerseys remaining from 2009 and 2010. .

Article 8. Bib Numbers, Handlebar Number Plates, & Chip Timing/Transponders

At check-in all participants will receive a unique official bib number that must be pinned to their jersey. These numbers are to help identify you while out on course. Numbers should be placed on the back of their jersey on the left side, as shown here:



All participants will receive a unique handlebar number that will match their bib number. These numbers help identify your bike in case of emergency, but most importantly, they have the unique numbered electronic timing chip/transponder attached to the back of them, for the purpose of tracking you during the times section. They will also help our event photographers identify you for official ride photos. Handlebar numbers should be attached as follows with the provided twist ties:



The Handlebar Number Plate has to be attached to the handlebars as displayed and not like a Photo Finish plate between the tubes or under the seat post, otherwise, the transponder will not be recorded properly.

The timing chip will record your start time when you cross the start line, and will record your finish time when you cross the finish line; your ride time will be the elapsed time between your start & finish times.

Article 9. Official Hotel

A limited number of discounted hotel rooms are available for Cyclosporitif participants on a first come, first served basis at the Official Race Hotel:

Homewood Suites by Hilton
1200 Pennbrook Parkway
Lansdale, PA 19446
Tel 215 353 4603
homewoodsuites.hilton.com

Call for special Racer and Cyclosporitif rate of \$119 for double and dingles and \$170 for two-bedroom suite

Other Hotel
Best Western-Inn at Towamencin
1750 Sumneytown Pike
Kulpsville, PA 19443

215-368-3800 or (800) 277-3615 www.valleyforgeinn.com

Article 10. Transportation and Parking

Official Parking for the Cyclosporitif will be at: Grace Bible Church
423 Main Street
Souderton, PA 18964

All Cyclosporitif participants will need to ride their bikes to the Start area. Do not park on the streets of the race course; your car will be towed!

Additional parking is available at: Souderton Area Senior High School
41 N School Lane
Souderton, PA 18964-1198

Fromm Electric Supply
16 Washington Ave
Souderton, PA 18964

Zion Mennonite Church
149 Cherry Lane
Souderton, PA 18964-1198

Article 11. Participant Staging & Start

For safety the ride will be broken up into two starts, according to category. Participants will be staged accordingly. The 100k riders will be starting first, followed by the 50k riders. Positions for the starts are self seeded. We ask that all participants use common sense; participants that wish to ride more quickly should plan to start at the front, and therefore must arrive at their staging area early.

Rider Staging

Time: 7:40 am

Location: On Chestnut Street between Main St. & Front Street

Ride Start: 8:00am

Lead Vehicle Staging

Time: 7:40am

Location: On Main Street between Start/Finish Line and Broad Street

Start: 8:00am

SAG/Tech Support Vehicle Staging

Time: 7:40am

Location: On Main Street between Hillside and Green

SAG Start: 8:00am

Broom Wagon Staging

Time: 7:40am

Location: On Main Street between Hillside and Green

Broom Wagon Start: 100k 8:00 am

60k 8:01 am

Article 12. Rules & Guidelines

Helmets must be worn by participants while on their bikes.

The course is open to normal vehicular traffic. Participants must obey all traffic laws, and are responsible for their own safety, even if areas of the course are marshaled. Exercise extra caution when approaching major roads; you will need to

cross or turn on PA-113, PA-63, PA-663, PA-29, and PA-100, among other roads, which can be extremely busy; the cross traffic has the right of way!

Participants should ride in a safe and courteous manner; please stay to the right, except when passing.

You will be riding on country roads; assume there is gravel in every turn. Be aware that some sections of roads are rough and that road surfaces vary.

Watch for deer; where there is one, there are usually more.

Article 13. Start Line

The Start Line is located on Main Street in Souderton, near the intersection of Lumber St. It will be clearly marked with a stage, truss. This area is also used by the professionals for the finish of their race. Access to the Start/finish line will be strictly controlled by Event Staff. Only participants and credentialed personnel will be allowed access to the start line.

Article 14. Courses

Official Cue will be posted to the www.cyclosporitif.com website, and emailed to pre-registered participants on Friday September 16, 2011. We recommend you download and print your own cue sheets, as we will have only a limited number available at registration.

Although the course is very well marked (see Article 15), we recommend that all participants carry a cue sheet with them, as the cue sheets contain important phone numbers in case of an emergency.

GPS Data, Course Maps, and Course Profiles may be viewed at RideWithGPS.com at:

50K Course: <http://ridewithgps.com/routes/689826>

100K Course: <http://ridewithgps.com/routes/694041>

Please do not download cue sheets from either RideWithGPS.com, as there are differences from the official cue sheets.

PLEASE NOTE: There are road construction projects in Franconia Township (after you leave Souderton); the routes are subject to last minute change on the morning of the ride, but you will be under police escort at these points.

Article 15. Course Marking

The courses will be marked with the Official Race Route Arrows, as shown below:



Turns will be indicated with the arrow in the horizontal position (as above), with the arrow head indicating the direction of the turn.

Vertical arrows will be an indication to keep going straight.

Please be aware that the Professional Race also uses these signs, and there are differences between the courses in Souderton & Telford. Please pay attention to the deviations.

Course arrows are for your convenience only; they can be easy to miss, and some of them tend to disappear during the event. We strongly suggest that you rely on the official cue sheets, available from www.cyclosporitif.com in the days prior to the event, to stay on the official route.

Article 16. Course Deviations

The 100k and 50k Courses are identical up until the 15 mile on Crusher Rd. Crusher Rd. comes to a “T” intersection with Upper Ridge Rd. At this point:

50k riders will Turn Right onto Upper Ridge Rd.

100k riders will Turn Left on Upper Ridge Rd., and will make an immediate left turn onto Gravel Pike (PA-29).

Article 17. Neutral Technical Support & SAG Support

Technical support service at the start is provided by *Indian Valley Bike Works and Phoenix Cycles*. This will be located adjacent to the Registration area on Lumber St. near Main St.

Technical Support on the course will be provided by *Indian Valley Bike Works and Phoenix Cycles* by means of *shop provided vehicles*.

Broom wagons will mark the end of the caravan for the Cyclosporitif; they are not intended to assist participants who experience mechanical problems, but will pick-up participants who elect to retire from the ride. It will stay behind the last rider out on the course. Please keep in mind that these vehicles are not taxi services, and may only leave the course in case of emergency, unless they are full.

All support vehicles will use cell phones for communication. A central telephone number will be on the official cue sheet that participants may call in the event of problem; the ride staff will then dispatch a SAG vehicle to the location of incident. While neutral & SAG support is available, participants should be prepared to make repairs themselves. Please bring spare tubes, pumps/CO2 cartridges, and any other tools necessary to make your own repairs.

If you require mechanical assistance or SAG service please call Kurt Gale (Command Center) at 484-213-8549

In addition to support vehicles there will be sweep riders who will stay with or behind the last riders on each course. They will assist with mechanical support to the best of their abilities, but their primary charter is to keep the Command Center apprised of where the last riders on course are.

Article 18. Timed Section

Only the 100k Course has a timed section. The timed section starts at the ca 15.7 mile mark and ends at the ca 19.4 mile mark. The timed section is undulating, and is located entirely on Deep Creek Rd. This section is open to traffic, so please be cautious and respect the rights of other road users. Be particularly cautious as there are roads that intersect Deep Creek Rd. Of particular importance is the Intersection of Green Lane Rd., which has a 3-way stop sign. A marshal will be there, but does not have the authority to stop traffic; the marshal is there to warn you of potential danger, but ultimately your safety is your responsibility.

In order to be timed, your handlebar number plate must be installed properly (see Article 8), and you must ride on the right side of the right lane (near the shoulder) so you are in close proximity to the timing equipment. The timer may place road cones on the roadway; ride between the cones and the shoulder.

Article 19. Medical Support

Ambulances will be deployed on course, by the Souderton Ambulance Association in association with Grand View Hospital.

In case of emergency, please Call Chris Francis, Chief of the Souderton Ambulance Association at **(267) 446-0051**. This number will also be printed on your cue sheets. Chief Francis will be in the event's command center and will dispatch the nearest ambulance. Please **DO NOT dial 911 in case of medical emergency**; this may result in a delay of service.

A SAG vehicle or Sweep Rider will stay with injured participants until ambulance picks him or her up. A friend or family member may also remain with injured until definitive care arrives.

Official Hospital:

Grand View Hospital
700 Lawn Avenue
Sellersville, PA 18960
215-453-4297

If the injured rider does not speak English, a medical technician will point at the ambulance to indicate the option of being transported. The injured rider will then have the option to refusing the ambulance by shaking his/her head "NO."

Article 20. Feed Zones

There will be feed zones on each course sponsored by Landis Supermarkets and Accelerade, where riders may help themselves to complementary food. It is not mandatory to stop at the feed zones but if you wish to replenish your supplies, you will have to dismount your bicycles and stop to access them. The Feed Zones will have portable toilets for participants to use.

Please note that the 50k riders will only have one feed zone with which to replenish supplies, while the 100k riders have 2.

Food will consist of oranges, bananas, fig newtons, and oatmeal cookies. Water and some Accelerade products are also being provided.

100k Feed Zone #1: is located at the ca 23mile point in both the 100k course. It is located on the left side of the road, so use caution when turning into the driveway:

Bauman's Apple Butter
116 Hoffmansville Rd.
Sassamansville, PA 19742

In addition to the standard fare of the other feed zones, this feed zone will offer Bauman's own fine Apple Cider. For rest rooms, please use the porto-potties located on site.

100k Feed Zone #2: is located at the ca 46 mile point of the 100k course. It is located on the left side of the road, so use caution when turning into the driveway.

Molasses Creek Park
2175 Krammes Road
Quakertown, PA 18951

The feed area will be located adjacent to a small parking area, as marked. For rest rooms, please use the park's facilities adjacent to the feed area.

50k Feed Zone: is located at the ca 20 mile point of the 50k course. The feed area will be located off the driveway near the Upper Ridge Road:

Musser Boy Scout Reservation
Camp Garrison
4021 Upper Ridge Road
Pennsburg, PA 18073

For restrooms, please use the ones located in Camp Garrison, which is at the end of the driveway. Please note that sections of the driveway are unpaved or covered with gravel, so exercise caution.

Article 21. Finish Line

The Finish Line has been moved this year to correspond with changes to the professional race. While the professional race will finish on Main St. near Lumber St., the Cyclosporitif finishes on Ridge Avenue near Second St. This area is behind "Generations" who are hosting the Cyclosporitif Hospitality Area. This area is also immediately adjacent to the KOM line for the professional race.

Generations of Indian Valley
259 N. 2nd Street
Souderton, PA 18964

After you cross the finish line turn left into Generations parking lot to go to the Cyclosporitif Hospitality Area

Article 22. Time Limits, Timing & Results

The official ride ends at 2:00pm, though all participants will be allowed to finish.

Cyclosporitif Timing is provided by:

Mid Atlantic Timing
306 Westtown Rd. Unit A1
West Chester, PA. 19382
877-614-TIME
<http://www.midatlantictiming.com/index.php>

Official Finishing Times will be posted at the Cyclosporitif Tents. Results will also be available on-line at:
www.cyclosporitif.com ASAP following the event.

Article 23. Post Event Showers

Due to their lack of popularity/lack of use in prior editions of the cyclosporitif, we are not offering showers this year.

Article 24. Cyclosporitif Hospitality Tents and Lunch Program

Lunch will be served starting at 11:00 am in the Cyclosporitif hospitality tent located in Generation's Front Parking Lot. No one will be admitted to the tent without a wristband. Wristbands will be distributed at package pick-up.

Generations of Indian Valley
259 N. 2nd Street
Souderton, PA 18964

Meal : We will have a hot lunch this year, courtesy of Landis Supermarkets and Colavita! The menu includes pasta, salad and something for dessert. .

Lunch Tickets for family, friends, and the general public will be available for purchase at the tent entrance.

Article 25. Raffle Prizes

All participants are entered into a raffle; your bib number will serve as your raffle ticket. Additional raffle tickets may not be purchased. The following prizes will be raffled:

Grand Prize: a Scott CR-1 frame and fork, courtesy of Scott Bicycles!

Other Prizes include Sportique Products and Univest Grand Prix Jerseys

The raffle will take place after 1:00 in the Cyclosporitif hospitality tent, located in the Generations Parking Lot on the outside of Turn #1. **PARTICIPANTS MUST BE PRESENT TO WIN PRIZES !**

Article 26. Official Photos

The Cyclosporitif will have an Official Photographer this year, who will be taking photos throughout the day from various locations. A link to the proof photos will be sent via email to all registrants who provide an email address. A link will also be posted to the www.cyclosporitif.com website as soon as possible following the event.

Photos will be available to purchase directly from the photographer.

Article 27. Be Safe, Have Fun

This is a recreational ride, not a race. Timing is for intellectual and sporting curiosity only. The timed section gives you the opportunity to test yourself; everyone who completes the ride is a winner; there is no glory or prizes for finishing first. So please do not take risks, obey all traffic laws, and be courteous to the other participants. Ride safe and have fun!

Directions to Souderton:

From Interstate 78 and Route 309: Follow 309 South to Route 113 South. Continue on Route 113 South until you enter Souderton; follow directions to Spectator Parking.

From PA Turnpike: Take Exit 31 (Lansdale) off the Northeast Extension to Route 63 West. Go four miles to Route 113 and turn right (North). Continue on Route 113 North until you enter Souderton; follow directions to Spectator Parking.

Directions to Souderton Area Senior High School (41 N School Ln. Souderton, PA 18964-1198):

From PA Turnpike: (Northeast Extension Exit #31) After exiting, turn right onto Route 63 West, and follow Route 63 West approximately 5 miles to Route 113 in Harleysville. Turn right onto 113 North and follow Route 113 North approximately 5 miles to School Lane, Souderton. (Be careful of dogleg to the left over railroad tracks in Souderton) At the intersection of Route 113 North (East Broad Street) and school lane, turn left. Souderton Area High School will be on your right.

From North: Follow Route 309 South to the Souderton Exit (Route 113 South) Turn right from the off-ramp onto Route 113 South and go southwest for 0.4 miles to North School Lane, Souderton. Turn right on North School Lane. The school will be on the right.

From South: Follow Route 309 North to the Souderton Exit (Route 113 South) Turn left from the off-ramp onto Route 113 South and go southwest for 0.4 miles to North School Lane, Souderton. Turn right on North School Lane. The school will be on the right.

Directions to Zion Mennonite Church (149 Cherry Lane, Souderton, PA 18964):

From South: Follow Route 309 North.

Proceed through the light at Unionville Pike. Take the next exit marked, "Bethlehem Pike/Sellersville". Pass through two lights close together. Travel 1/10 mile and bear left at the "Y" in the road just before the Indian Valley Camping sign. Proceed to first light turning left onto Cherry Lane. Zion is approximately ½ mile on the right.

From North: Follow Route 309 South.

Take the Souderton exit. At the stop sign, turn right. This is Rt. 113. Go straight through the first light, but be prepared to turn left onto County Line Road at the second light. Travel to the first light and turn right onto Cherry Lane. Zion is on the right hand side of the road about three blocks down.

Directions to Indian Crest Middle School (139 Harleysville Pike (Route 113) Souderton, PA 18964):

From PA Turnpike: (Northeast Extension Exit #31) After exiting, turn right onto Route 63 West, and follow Route 63 West approximately 5 miles to Route 113 in Harleysville. Turn right onto Route 113 North (Harleysville Pike) and follow Route 113 North approximately 4 miles; Indian Crest Middle School will be on your left side after you cross Cowpath Rd.

From North: Follow Route 309 South to the State Road Exit (Route 152)

Turn right from the off-ramp onto Route 152

Turn Left onto County Line Rd/N. Main St.

Turn Right onto E Reliance Rd.

Turn Right onto Harleysville Pike (RT 113)

The school will be on the right.

From South: Follow Route 309 North to the Souderton Exit (Route 113 South)

Turn left from the off-ramp onto Route 113 South

Turn Right onto County Line Rd/S. Main St.

Turn Left on E. Reliance Rd.

Turn Right onto Harleysville Pike (RT 113)

The school will be on the right.

Directions to Fromm Electric Parking Lot from Souderton Area High School:

Start at Souderton High School and Turn right onto East Broad St./PA 113. Turn left onto Washington Ave. and end at the Fromm Electric Supply Corp. 16 Washington Ave, Souderton PA 18964.